DETAILS OF THE FIRST WORKSHOP OF 2019

MISKOLC

The Workshop was held at the Project Life Management Academy. The Academy offers training and education courses to private individuals seeking change that make it possible to learn the necessary perspective and competences. Furthermore, there are also available organisational courses at the Academy for leaders who find it important to "raise their employees for awareness", wish to motivate them, earn their loyalty, integrate younger generations, reduce generation gaps, and help them find balance between work and private life. The Academy's courses are based on the Project Life Management Programme, and its handbook on aware life management. The educators of the Academy are well-known university lecturers, experts and professionals with decades of experience.



The Workshop was organised with the participation of the EUROPÉER Foundation, the Slovakian partner organisation Selye János University's representatives, and representatives of interested organisations. Mainly, local foundations, family protection organisations, local firms' education experts, education institutions, etc. They listened to presentations, and joined a brainstorming session.

As part of the workshop, several presentations were held, and to develop the PLM programme, the PLM Academy's courses, and the main target groups were introduced. The representatives of interested organisations were keen on learning about the courses for those disadvantaged, or left out of the labour market, aiming to re-integrate them.

The Slovakian partner organisation's representative, Dr. József Poór held an exciting presentation where he introduced the methods, experiences, best practices and other valuable bits of possible usage of the PLM method. Such as, practices aiding efficient communication; introduction of training games aiming at facilitating communication efficiency, and the ABC method generally applicable to creating an efficient priority list.

The workshop made it possible to create and strengthen international relations as well, building a cooperative network.

Photo documentation:

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